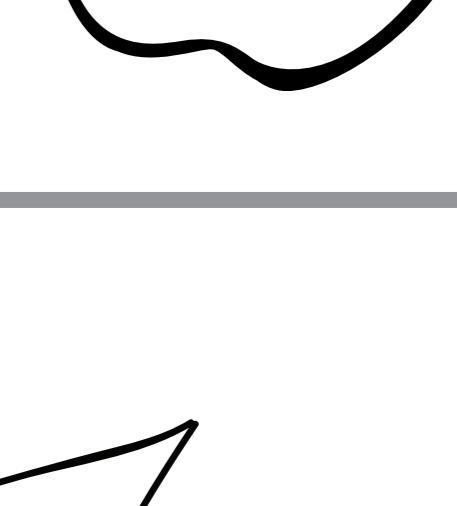




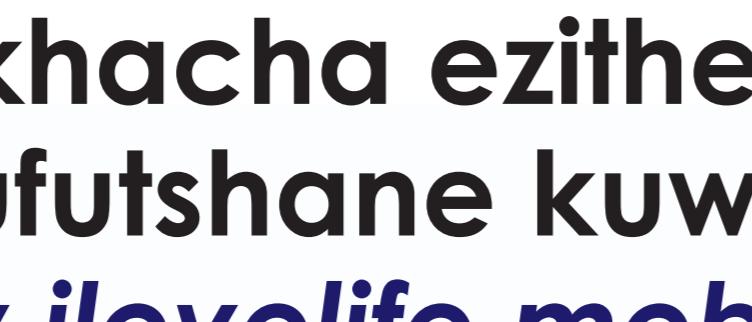
NABANTU ABATSHA BAMKELEKILE APHA!

SITHEMBISA UKUNINYANGA NGENTLONI PHO NANGENTEMBEKO

Yiza uzofumana ulwazi neenkonzo!

- Ngamalungelo akho ngezempi lo yezesondo 
- Ngendlela yokutya esempilweni 
- Indlela yokuzikhuela kwi Ngculaza, nezifo zokwabelana ngesondo Drop, nezinye 
- Indlela ezohlukene yo zokukhusela ukumitha 
- Indlela yokumelana neengxaki ezikukhathazayo emphefumlweni ezinje ngestress, ukuhlukunyezwa nangaliphi na uhlobo 
- Xa ufunu ulwazi noba lunjani ngezempi lo 
- Ulwaluko olukhuselekileyo 
- Xa ufunu icondoms 
- Xa ufunu ukuzivavanyela intsholongwane yengculaza, iSifo sephepha nezifo ezosulela ngokwabelana ngeSondo, kune netreatment 
- Ungafumana nenkonzo zokuncedisana nabantu abakhulelweyo (umzekelo ukuhlukuhla) 
- Ukuba asinayo lenkonzo uyifunayo siyacebisa ukuba unga tyelela phi ukuze uzifumane ezonkonzo

PHOLA FAKA ICONDOM!!!



Ngencukhacha ezi the vete tyelela iklinikihi okanye isibhedlele esikufuthane kuwe, Okanye uqhagamishelane nabo ku:
www.bwise.com, www.ilovelife.mobi, www.hivsa.com, www.choma.co.za, www.hi4life.co.za

National HIV and AIDS Helpline: 0800 012 322

