

GET INFORMED!

Sexual and Reproductive Rights (SRR) are “the rights of all individuals to make informed decisions about their sexual activity and reproduction free from discrimination, force, and violence”.

You have the right to:

- Seek, receive, and impart information related to sexuality
- Choose your own partner
- Have consensual sexual relations
- Decide whether or not, and when, to have children
- Access safe, good-quality, confidential and non-judgmental contraceptive counselling and method provision, and other sexual health services such as HIV counselling and testing, STI screening and treatment, and pregnancy related services
- Live without being physically or verbally harmed by anyone
- Decide to be sexually active or not
- Decide if you want to marry
- Pursue a satisfying, safe, and pleasurable sexual life
- Obtain SRH services without the permission of your parents as long as you are 12 years or older

