

5 MINIMUM AYFS QUALITY STANDARDS

STD 1 Management systems are in place to support the effective provision of health services for young people

- AYFS team • Adolescent health profile • Quality improvement plan • Staff orientation to AYFS • AYFS discussed at staff meetings • Youth exit interviews/focus groups • Youth participation • Youth records • Youth follow-up

STD 3 The Appropriate adolescent health services are available and accessible

- Clinic signage (name/services/operating days times) • Sign welcoming youth • Clinic promotes AYH in the community • Services times are convenient for youth • STI screening/treatment is provided • IEC on STI/HIV/HCT/treatment adherence/safer sex/condom use available • HIV treatment programme available • Pregnancy related services available • Contraceptive information, counselling and methods available • Staff competence in youth history taking & physical exam • Staff knowledge of pregnancy risk in youth • TOP referrals • Counselling around mental health & abuse

STD 6 Information, education and communication promoting behaviour change and consistent with the AYFS essential package is provided

- Youth targeted IEC material available • IEC in local language • Staff provide health education to youth

STD 9 Adolescents receive individualised care based on standard case management guidelines & protocols

- Up-to-date treatment guidelines/protocols and drug lists are available (oral contraceptive pills/emergency contraception/injectable/condoms/pregnancy counselling & testing/antenatal & postnatal care/pre and post TOP counselling and referral/management of STS/HIV pre & post-test counselling/primary healthcare management of violence/ sexual abuse, mental health issues/drug & alcohol abuse) • Staff encourage youth to express opinions, ask questions & discuss treatment options • Staff use effective counselling skills during consultations

STD 10 The clinic provides continuity of care for adolescents

- Staff make effective referrals • Staff issue comprehensive clear referral letters • Staff follow up patient referrals • The referral system includes back-referral • Clear information is given to youth on side effects and why and when they need to return to the clinic • Staff provide written information to youth on where to go for follow-up and /or emergency care, warning signs of complication, & risk associated with their medication

