## THERE'S ONLY ONE THING YOU **NEED TO UNDERSTAND ABOUT HOW A**

\*Coronaviruses are a large family of viruses which may cause respiratory infections ranging from the common cold to more severe diseases such as Middle East Respiratory Sundrome (MERS) and Severe Acute Respiratory Syndrome (SARS).

## THE VIRUS SPREADS WHEN THESE DROPLETS GET INTO YOUR





NOSE



**MOUTH** 

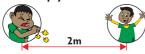


HEALTHY

**PERSON** 

SO IF YOU SEE SOMEONE WHO IS VISIBLE COUGHING / SNEEZING / SICK, YOU CAN CHOOSE TO:

I. Keep your distance



(0.5m to 2m will keep you safe from large droplets)

2. Avoid crowds



(People who are infected can show no symptoms, but are still infectious)

## SOMETIMES A SICK PERSON'S SALIVA CAN GET ON OTHER THINGS





DOOR HANDLES













AND IF YOU TOUCH ANY OF THESE THINGS BY ACCIDENT, AND THEN TOUCH YOUR FACE RUB YOUR EYES OR YOUR LOVED ONES FACE, YOU MIGHT ALL FALL SICK

## Together, moving the health system

Fraud prevention line: 0800 70 | 70 | 24 hour Call Centre: 0800 032 364 Website: www.echealth.gov.za

